



**SPORT NUTRITION
POWDER & SHAKE**



**FUEL YOUR
MUSCLES WITH THE
PERFECT PROTEIN
BLEND !**

PERFORMANCE SPORT SHAKE

25G DAIRY & PLANT PROTEIN

5.8G BCAA

WITH

pisane™
plant protein, feed the planet



cosucra™
BUILDING OUR FUTURE
WITH NATURE



PERFORMANCE SPORT SHAKE

25G DAIRY & PLANT PROTEIN - 5.8G BCAA

This **25g protein** shake combines whey protein concentrate and sustainable **PISANE™** pea protein for a full spectrum of amino acids. Powered with **5.8g naturally present BCAAs** with optimal **2:1:1 ratio** which maximizes **muscle recovery** and reduces muscle fatigue¹, this shake helps you get back to training faster. High in protein, it also supports **muscle maintenance and growth**².

On top, **PISANE™** provides **4 times more arginine** than WPC, an amino acid that may enhance strength, power **performance and muscular recovery**¹.

The refreshing watermelon & mint flavor makes it the ideal shake for athletes seeking both **performance and pleasure** in a hybrid protein source!

COSUCRA'S SOLUTIONS

pisane™ LS
PEA PROTEIN



High protein content



High BCAA, high arginine



Excellent dispersibility and solubility



Nutritious sustainable protein

PERFORMANCE SPORT SHAKE



INGREDIENT LIST

Protein blend 95% (pea protein, whey protein concentrate), vegetable fat powder, tricalcium phosphate, natural flavours, sucralose.

Ask for detailed recipe **REN 316**

NUTRITION INFORMATION

Per serving 35 g + 300 ml

138 kcal	Energy
3.4 g	Fat
1.0 g	Carbs
0.3g	of which sugars
25.7 g	Protein
0.3 g	Fibre
0.8 g	Salt

¹ This is not a EU authorized health claim. Scientific literature review available on request.

² "Contributes to growth in muscle mass", "Protein contributes to the maintenance of muscle mass" - Conform EU Regulation n°1924/2006 EC and its amendments

COSUCRA Groupe Warcoing SA. Rue de la Sucrierie, 1 • B-7740 Warcoing - Belgium • BE0883812926
E : sales@cosucra.com • W : www.cosucra.com

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